

# **INSTRUCTIONS FOR CHILD SAMPLE COLLECTION**

### Please assist us in obtaining the following samples from your child.

## **Stool Sample**

The stool sample should be frozen unless taken within 4 hours of delivery to BIS at the Geelong Hospital. Please keep the stool sample frozen until your BIS appointment and remained chilled during transportation.

### **Equipment Required:**

- Brown capped specimen jar with scoop inside (included in pack)
- A large, thoroughly cleaned plastic container, such as a two litre ice-cream container
- Plastic bio-hazard bag (included)
- Ice pack (included)

### PROCEDURES:

- 1. Place ice pack in your freezer prior to sample collection.
- 2. Get your child to empty their bladder before collecting the stool (poo) sample.
- 3. Place the large container in the toilet bowl, either on or above the surface of the water.
- 4. Get your child to empty their bowels directly into this large container.
- 5. Open specimen jar.



6. Using the scoop built into the lid of the specimen jar, collect a small amount of poo about the size of a twenty cent coin.



7. Place scooped poo sample into the specimen jar.



- 8. Discard the remaining poo.
- 9. Firmly screw the lid on the specimen container (taking care that it is not cross-threaded).



10. Place the sealed specimen jar in the plastic hazard bag provided and immediately store in your freezer, unless attending a BIS appointment within 4 hours.



# **Urine Sample**

The sample should be <u>'fresh'</u>, ie taken within 24 hours of delivery to BIS at the Geelong Hospital.

### **Equipment Required:**

• Yellow capped specimen jar (included in pack)

### **CLEAN CATCH procedure over toilet:**

- 1. Get your child to sit as far back on the toilet as possible
- 2. Hold the open specimen jar.
- 3. Urinate a small amount into the toilet. Do not collect any of this first urine.
- 4. Continue to urinate after a few seconds, collect some midstream urine into the open specimen jar.
- 5. Once you have enough urine in the jar (minimum requirement is 10ml), finish off passing the rest of the urine into the toilet.
- 6. Immediately replace the yellow lid to the specimen jar, ensuring that the lid is correctly threaded and securely closed.
- 7. Flush toilet.
- 8. Thoroughly wash your hands with soap and water.

## **INSTRUCTIONS FOR PREPARING THE ICE PACK**

- Put the ice pack (Envirofreeze ice replacement sachet) into a bowl or container.
- Pour ½ cup cold water onto it and soak the icepack till it fluffs up to approx. 2-3 cms in height.
- Freeze it until you need it. Make sure that the soft side of the ice pack is protected in the freezer so it doesn't stick or tear.

# PLEASE FILL OUT THE DETAILS BELOW

Child Stool Sample		
Chi	ild's Name:	
Chi	Child ID #: C	
Date of collection://		
<mark>Fime Collected:</mark> : am/pm		
Specimen (Please circle only) :		
	• FRESH — Refrigerated (if collected on day of review, and transported within a few hours of collection)	
	FROZEN (if not transported within a 4 hours of collection)	
Child Urine Sample		
	Child's Name:	
	<mark>Child ID #: C    </mark>	
	Date of collection://	
	Time Collected:: am/pm	
	Method of collection (Please circle only):	
	* CLEAN CATCH * OTHER	

Please bring to your appointment at BIS, Level 2, Kitchener house. Any problems call BIS - 0400 432 976. Thank you!

PLEASE REFRIGERATE THIS SAMPLE AFTER COLLECTION